



**Vanguard Bitesize Session:
Building positive relationships
after developmental trauma**

This training will help delegates to understand the effects of trauma and intrinsic links with forming relationships. It will explore how we can have effective communication with those around us when supporting those who have been subjected to traumatic life events. Additionally the training explores working within professional boundaries – including why they are needed and allows reflection on our own professional curiosity as well as exploring tools to begin to create effective supportive relationships.

WHO IS THE TRAINING AIMED AT?

- Anyone who works with and supports children, young people and families across Coventry and Warwickshire. This can include practitioners and those staff within leadership teams

DATE & TIME

- Tuesday 16th January 2024 (11:00–11:45)
- Thursday 23rd May 2024 (11:00–11:45)
- Thursday 24th October 2024 (11:00–11:45)

Delivered virtually – via Microsoft Teams

LEARNING OBJECTIVES

- To understand the effects of trauma
- To learn about how trauma can affect relationships
- Explore how we can have effective communication with those around us
- Discuss working within professional boundaries – including why they are needed
- To consider tools to begin to create effective supportive relationships

**To secure your place, please email
wstraining@warwickshire.gov.uk
(include; full name, service and training)**