



**Vanguard Bitesize Session:
Social Prescribing and its use
in Trauma Informed Practice**

In this session we will look at the concept of Social Prescribing, and why it can be an effective tool when supporting young people who have experienced trauma. We will explore how experiencing trauma can affect young people, and how we as practitioners can begin to use Social Prescribing in our work to improve a young person's sense of self, as well as their emotional and social health.

WHO IS THE TRAINING AIMED AT?

- Anyone who works with and supports children, young people and families across Coventry and Warwickshire. This can include practitioners and those staff within leadership teams

DATE & TIME

- Wednesday 15th May 2024 (11:00 – 11:45)
- Wednesday 16th October 2024 (11:00–11:45)

Delivered virtually – via Microsoft Teams

LEARNING OBJECTIVES

- To understand the concept of social prescribing for young people, introducing what it is and defining using some examples
- To learn about the benefits of social prescribing through a trauma informed lens – how young people can benefit from accessing support through a social model of care
- To learn about social prescribing and the new Coventry and Warwickshire Vanguard project for the West Midlands – understanding how social prescribing underpins the framework for care of children and young people on the edge of care or Youth Justice pathway.

**To secure your place, please email
wstraining@warwickshire.gov.uk
(include; full name, service and training)**